

# Café Yumm Menu for the 10/2 Sustainable Forestry Tour Corvallis Rock Creek Watershed

*Please choose one lunch item. Includes choice of drink, fruit and a cookie.*

## Chicken Yumm! Bento

Organic brown or Thai jasmine rice with an all natural teriyaki chicken skewer. Served with our creamy ginger Asian Cole Slaw and Original Yumm! Sauce® on the side.

## Tofu or Tempeh Yumm! Bento

Organic brown or Thai jasmine rice topped with a tofu or tempeh skewer. Served with our creamy ginger Asian Cole Slaw and Original Yumm! Sauce® on the side.

## Southwest Wrap

Southwest seasoned all natural chicken or grilled organic tofu and other fresh ingredients folded into a grilled tortilla. (Calories for white or whole wheat.)

## Yumm! Wrap

A large Original Yumm! Bowl® folded into a tortilla (white or whole wheat) that has been grilled to a light crisp with cheddar cheese.

## Deli Lama Sandwich

Our ultimate veggie sandwich with avocado, shredded red cabbage, carrots, lettuce, tomato, and red onion. Served on your choice of bread.

## Ginger-Garlic Veggie Burger Sandwich

Our unique veggie burger with creamy ginger Asian Cole Slaw, leaf lettuce, and tomato served open face on a whole wheat bun.

## Turkey or Tempeh Reuben Sandwich

Premium turkey or organic tempeh on swirled rye with our Reuben sauce (vegan), sauerkraut, Tillamook® Swiss, tomato, and red onion.

## Grilled Cheese Sandwich

Tillamook® cheddar cheese on your choice of bread.

## Salmon Burger

A 1/4-pound patty made from wild North Pacific salmon. Placed on a whole wheat bun with lettuce, tomato, and red onion.

### **Bread Choices**

• Sourdough • Swirled Rye • Whole Wheat • Gluten-Free (additional cost)

### **Condiments**

Original Yumm! Sauce® • Dijon Mustard • Ketchup • Yellow Mustard • Reuben Sauce (vegan) • Vegenaïse®